

, 21. - 24.3.2022

22.03.2022 13 , 400m 2008-2009 . .

		12 +: 5:07.00 /		10 +: 5:24.50 /		I		9 +: 5:46.00						
: FINA 2022														
										100m	200m	300m	400m	
1.	,		08					5:26.29	543	I	1:15.82	1:20.29	1:33.66	1:16.52
	50m:	34.94	34.94	150m:	1:56.38	40.56	250m:	3:23.12	47.01	350m:	4:48.44	38.67		
	100m:	1:15.82	40.88	200m:	2:36.11	39.73	300m:	4:09.77	46.65	400m:	5:26.29	37.85		
2.	,		08					5:30.84	521	I	1:13.28	1:21.80	1:40.63	1:15.13
	50m:	33.62	33.62	150m:	1:54.44	41.16	250m:	3:24.98	49.90	350m:				
	100m:	1:13.28	39.66	200m:	2:35.08	40.64	300m:	4:15.71	50.73	400m:	5:30.84			
3.	,		09					5:37.65	490	I	1:21.96	1:24.73	1:34.42	1:16.54
	50m:	37.37	37.37	150m:	2:04.98	43.02	250m:	3:33.78	47.09	350m:	5:00.21	39.10		
	100m:	1:21.96	44.59	200m:	2:46.69	41.71	300m:	4:21.11	47.33	400m:	5:37.65	37.44		
4.	,		08					5:48.14	447		1:18.84	1:25.78	1:43.17	1:20.35
	50m:	36.27	36.27	150m:	2:02.63	43.79	250m:	3:35.98	51.36	350m:	5:07.88	40.09		
	100m:	1:18.84	42.57	200m:	2:44.62	41.99	300m:	4:27.79	51.81	400m:	5:48.14	40.26		
5.	,		09					5:49.83	441		1:19.10	1:28.23	1:37.82	1:24.68
	50m:			150m:			250m:			350m:				
	100m:	1:19.10		200m:	2:47.33		300m:	4:25.15		400m:	5:49.83			
6.	,		08					5:59.45	406		1:24.27	1:29.47	1:43.00	1:22.71
	50m:	39.12	39.12	150m:	2:10.50	46.23	250m:	3:45.78	52.04	350m:	5:18.75	42.01		
	100m:	1:24.27	45.15	200m:	2:53.74	43.24	300m:	4:36.74	50.96	400m:	5:59.45	40.70		
7.	,		08					5:59.53	406		1:21.13	1:31.80	1:39.86	1:26.74
	50m:			150m:			250m:			350m:				
	100m:	1:21.13		200m:	2:52.93		300m:	4:32.79		400m:	5:59.53			
8.	,		09					6:02.85	395		1:25.53	1:32.55	1:44.04	1:20.73
	50m:	39.58	39.58	150m:	2:12.28	46.75	250m:	3:49.04	50.96	350m:	5:23.14	41.02		
	100m:	1:25.53	45.95	200m:	2:58.08	45.80	300m:	4:42.12	53.08	400m:	6:02.85	39.71		
9.	,		09					6:15.55	356		1:24.85	1:37.28	1:45.81	1:27.61
	50m:	37.71	37.71	150m:	2:14.29	49.44	250m:	3:53.96	51.83	350m:	5:31.76	43.82		
	100m:	1:24.85	47.14	200m:	3:02.13	47.84	300m:	4:47.94	53.98	400m:	6:15.55	43.79		
10.	,		08					6:19.54	345		1:29.19	1:31.52	1:49.55	1:29.28
	50m:	39.98	39.98	150m:	2:15.94	46.75	250m:	3:55.94	55.23	350m:	5:37.14	46.88		
	100m:	1:29.19	49.21	200m:	3:00.71	44.77	300m:	4:50.26	54.32	400m:	6:19.54	42.40		
11.	,		08					6:25.08	330		1:30.34	1:36.65	1:46.85	1:31.24
	50m:			150m:			250m:			350m:				
	100m:	1:30.34		200m:	3:06.99		300m:	4:53.84		400m:	6:25.08			
12.	,		09					6:25.92	328		1:31.15	1:33.19	1:52.94	1:28.64
	50m:	41.07	41.07	150m:	2:18.08	46.93	250m:	4:00.38	56.04	350m:				
	100m:	1:31.15	50.08	200m:	3:04.34	46.26	300m:	4:57.28	56.90	400m:	6:25.92			
13.	,		09					6:53.23	267		1:38.15	1:39.25	2:04.92	1:30.91
	50m:	43.76	43.76	150m:	4:20.56	2:42.41	250m:	6:10.34	2:52.94	350m:				
	100m:	1:38.15	54.39	200m:	3:17.40		300m:	5:22.32		400m:	6:53.23			
14.	,		08					6:58.74	257		1:42.85	1:41.14	2:02.45	1:32.30
	50m:	47.19	47.19	150m:	4:25.74	2:42.89	250m:	6:12.58	2:48.59	350m:				
	100m:	1:42.85	55.66	200m:	3:23.99		300m:	5:26.44		400m:	6:58.74			
DSQ	,		09					6:10.98			1:25.26	1:30.95	1:47.17	1:27.60
	50m:			150m:			250m:			350m:				
	100m:	1:25.26		200m:	2:56.21		300m:	4:43.38		400m:	6:10.98			